



**ELITE SPINE &  
EXTREMITY PHYSICAL  
THERAPY**

# RTM THERAPY

At Elite Physical Therapy we understand that both our clinical work and your efforts outside our visits are crucial to your progress. We recognize the challenges of dedicating time and energy to your well-being and are committed to supporting you regain your quality of life.

- ✔ **Daily communication with you via text message.**
- ✔ **Helps to check in on your progress remotely and adjust your care plan in real-time ensuring continuous support.**

**ASK NOW**

